

What is the Duplin County Wellness Program?

It is a program catered to Duplin County employees.

What is the purpose of the wellness program?

To promote wellness, increase productivity, prevent illness, and provide quality healthcare that is both convenient and affordable.

Wellness Program Key Elements

- Health Risk Assessments
- Treatments & Preventative Care
- Chronic Disease Management
- Tobacco Cessation
- Lab Services
- Diabetic Classes & Services
- Lunch & Learns
- Health Coaching
- Mental Health Services
- Weight Management
- Kenansville Pharmacy
- Comprehensive Rehab & Wellness Physical therapy
- Duplin Chiropractic Services
- Gym and Fitness Program
- Incentive Programs



Working on Wellness Hours

Treatment walk-in hours:

Monday-Friday 8am-11:30am

Physical hours:

Schedule by appointment only

Immunization walk-in hours

Monday-Friday 8am-4pm

Dietitian, health coaching and personal training hours:

Appointments are made upon
request.



Working Together for Employee Wellness



Duplin County Health Services
340 Seminary Street
Kenansville, NC 28349
Phone: (910) 296-2130





Benefits

Q & A

Health Risk Assessments (HRA)

Identifies strengths and weaknesses of employees' health and provides knowledge/skills for positive lifestyle changes.

Treatment & Preventative Care

Sick care, routine physicals, immunizations and labs.

Chronic Disease Management

Counseling on chronic disease management and prevention.

Tobacco Cessation

Cessation counseling, tobacco education classes and nicotine replacement therapy provided.

Lab Services

Labs can be drawn with physician order. Results are sent to a provider and employee.

Diabetic Classes & Services

Diabetic classes are available to employees and dependents at no charge.

Lunch & Learns

Bring your own lunch during sessions that focus on a variety of health topics. Sessions are made available upon request and as announced.

Health Coaching

A RN or Wellness provider is available to answer questions about lab results, completing HRAs, and Weight Management.

Tarheel Human Services

Provides mental health services counseling. With a referral the first 3 visits are of no cost to the employee. Any additional visits the employee pays ½ the co-pay.

Weight Management

Weight management resources such as: onsite dietitian appointments, health education classes, etc.

Comprehensive Rehab & Physical Therapy

Services are ½ the co-pay with a referral.

Pharmacy

Kenansville Pharmacy will transfer your current prescriptions. No charge for generic prescriptions; reduced co-pay for other prescriptions. Flex spending card accepted.

Phone # (910) 296-0500 and fax # (910) 296-0515.

Chiropractic Services

Services are ½ the co-pay with a referral.

Duplin Fitness Program

The County Employee Gym is available 24/7 at \$10 a month, with fitness classes and free personal training.



1. Who is eligible for the program?

Full and part-time county employees, retirees and dependents on county insurance.

2. Will I have time away from work for services?

Employees can access services offered at the employee wellness clinic without using personal leave time.

3. What about co-pays?

Co-pays are waived for employees, their spouses and their dependents.

4. What if my dependent and/or spouse doesn't have insurance?

Sliding fee scale applies to dependents and/or spouse without health insurance.

5. What if my spouse/dependent is not on county insurance?

Spouses and dependents will be billed the balance their insurance does not pay.